

NEW IMAGE
COLLEGE

SPA TECHNICIAN CO-OP





Our Spa Co-Op Program includes everything you need to know about skin, body, and nail care. Our working student spa gives students the opportunity to practice their skills in a real spa setting, giving them the confidence, they will need to work on clients.

Students will learn thorough skin analysis and consultation techniques during the skincare module, which will assist them in determining different skin types and conditions. Students will learn how to use magnifying lamps, Guinot Hydradermie machines, steamers, and high-frequency machines. Anaphoresis and cataphoresis applications are included. Students will be able to see transformations on themselves and their clients by treating their skin with the appropriate products and services. The cavitation machine will be used to firm and lift sagging or loose skin on the face and neck. Ultrasound and radiofrequency are also used in this treatment. Microdermabrasion is the final modality that will be learned. Using an exfoliating diamond head and gentle suction, this method incorporates a deeper exfoliation.

In the body care module, students learn about the art of healing touch. Students will learn how to perform a well-rounded healing and relaxing treatment, including relaxation, aromatherapy, pregnancy, warm stone, and cellulite massages, beginning with correct massage techniques and perfect posture. They will continue to remove hair, including threading. Students will master hard and soft wax techniques, as well as lash and brow tinting, back facials, and body wraps. The use of specific electrotherapy techniques emphasizes the focus on cellulite removal.

Students move on to the nail care module, where they learn all about proper nail care, including strict sanitation protocols. They will be completely comfortable performing manicures and pedicures before progressing to reflexology, exfoliating scrubs, paraffin, and warm stone massage. The course then moves on to nail art, which includes gel and acrylic enhancements. This course teaches a variety of nail art design techniques, including freehand brush nail art design and the use of decals and accessories.

Course description:

Skin Care

BASIC FACIALS

This course covers eye makeup removal, facial cleansing, skin analysis, exfoliation, extractions, mask application, and facial massage. Skin history, professional image, room preparation, and disinfection control are all included. Relaxation, warm stone, lymph, and digital pressure massage techniques for the face will also, aid in customizing the entire facial experience.

SKIN ANALYSIS

This course teaches students how to conduct a thorough skin analysis and consultation to determine skin types and conditions. This allows for proper product application on specific skin types, resulting in maximum benefits.

PHYSIOLOGY AND HISTOLOGY

This course will assist the student in developing a thorough understanding of the epidermis and dermis layers, as well as the skin's minute structures and functions. Basic understanding of the bones and muscles of the face and neck will also be emphasized.

ELECTROTHERAPY

This course teaches students about electricity and how it can be used to improve facial treatments. High frequency can help with acne, and galvanic currents can aid in deeper product penetration for dry or mature skin types. Both of these modalities are used by the Hydradermie machine, which employs specific gel serums for each skin type. Students will also learn how to use the cavitation machine, which uses ultrasound and radiofrequency to firm and tone the tissues of the face and neck. This section will conclude with a discussion of microdermabrasion. Microdermabrasion is a method of exfoliation that is more thorough. This is accomplished through the use of an exfoliating diamond head and gentle suction. This procedure removes the dead skin layer on the surface while sucking up skin debris.

PRODUCT KNOWLEDGE

In this course, students will learn about the ingredients found in skincare products, which will help them feel more confident when advising clients on appropriate product choices. Students will be able to identify an ingredient and understand how it will affect the skin directly.



Course description:

Body Care

HAIR REMOVAL

Students will learn about trichology (the scientific study of hair) in order to fully understand the cycles of hair growth in this course. Students will learn a variety of hair removal techniques in order to better cater to individual needs. This course will also cover hard and soft wax techniques, as well as threading.

AROMATHERAPY

Students will learn about aromatherapy and how essential oils derived from aromatic plants and flowers can be used to relax, balance, or rejuvenate the body.

MASSAGE

Massage therapy is a great way to induce physiological and psychological responses in the body, as students will learn in this course. Beginning with relaxation massage, the student will progress to and gain confidence in cellulite, pregnancy, and warm stone massages. These treatments stimulate the lymphatic system, which removes toxins and waste from the tissues.

BODY

The treatments learned in this course enable the student to identify specific skin issues and treat them appropriately with exfoliation, massage, and wraps. A dry mitt or papaya enzyme technique is used to exfoliate the entire body, revealing softer, more rejuvenated skin. Mud wraps are excellent for detoxifying the body, and seaweed wraps aid in cellulite metabolism. Electrotherapy will be used to enhance cellulite treatments. When it comes to reducing and removing toxins and cellulite on the body, the use of ultrasound, radiofrequency, and suction will help the student see faster results.

COSMETIC SURGERY THEORY

It is critical for a well-rounded esthetician to be aware of pre-and post-operative treatments. This course will teach you professional cosmetic and surgical terminology. You will also learn how Botox and Restylane work within the muscle and nerve tissues.



Course description:

Nail Care

MANICURES AND PEDICURES

Upon successful completion of this module, students will be capable of offering flawless manicure and pedicure services. In the process of learning how to provide these services professionally, students will learn techniques such as nail shaping, thorough cuticle work, exfoliation, hand, arm, foot and leg massage along with perfect polish application.

Students will learn how to use professional tools to provide these services effectively and safely such as nippers, e-files, lamps and gel polish products. The polish will be applied in a variety of ways, from regular to gel, and will include French tips and beautiful nail art combining amazing techniques for drawing and decorating the nail.

The nail students will be able to work with a variety of materials including gold leaf and gemstones, magnetic and spider gel polish, pigments, and a wide range of tools that will inspire them and develop their creativeness. These tools will allow them to create gorgeous and unique designs.

Learning how to use various products and techniques to massage, calm, nourish, and

hydrate the client's skin are valuable skills that students will be acquiring in this program. The knowledge and skills gained will aid in customizing treatments to the needs of the client.

Once this module is completed, students will have a deep understanding of facial and fingertips/toes waxing, paraffin wax and hot stone massage treatments.

ARTIFICIAL NAILS GELS

Students completing this module will be able to enhance their client's nails using a variety of gel products and techniques, including hard gel, Polygel, and Ge-X (Après). Students will be able to identify their client's needs and apply the appropriate techniques and products to meet their goals. This could entail the use of a specific gel product in conjunction with tips or forms.

Through the outstanding learning of NIC's Russian manicure technique, this module will further strengthen student's skills in the maintenance and care of the cuticle and nail plate. Students will learn how to use a nail drill and files to shape the nail extensions accurately and safely.





Students will then finish the look applying gel polish and have the option of adding a distinctive style by creating 2D and 3D hard gel nail art to customize and bring charm to their client's nails.

ARTIFICIAL NAILS ACRYLIC

Students will have learnt the appropriate techniques for finishing a set of acrylic nails after successfully completing this module. This will involve product knowledge as well as skills for properly building up and shaping artificial nails on tips or forms using acrylic monomer and polymer.

The nail students will be familiar with the techniques involved in drilling and buffing the nails to achieve the final shape. They will also have the option of adding a distinctive style by creating 2D and 3D acrylic nail art to customize and bring charm to their client's nails. As with the gel module, students will refine their services by performing the NIC's Russian manicure technique and gel polish application.

SALON BUSINESS

The student will fully comprehend how to own and operate a spa or salon, as well as manage a schedule. This includes budget management and marketing. They will also learn how to sell services and retail products to customers. Product and service features and benefits will be highlighted.

CAREER DEVELOPMENT

Students will learn how to create a professional resume, be fully prepared when applying for jobs, and learn essential interviewing skills that will prepare them for commonly asked questions from a future employer.

CO-OP WORK PORTION

With the assistance of the NIC Community and our resources, students will begin the basis of their professional Nail Technician career. Our co-op work placement will offer incredible opportunities, so we urge students to work hard, and remember that the NIC Community is always available to help.



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